Scottish Thoracic SOCIETY

STS National Trainee Symposium 2026

Tuesday 3rd November

Venue: Stirling Court Hotel, Stirling

Programme

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09.30 – 09.55	**Registration, tea and coffee and exhibition**
09.55 – 10.00	**Welcome and Introductory remarks** Dr Pallavi Bedi, Consultant in Respiratory Medicine, NHS Lanarkshire & President, Scottish Thoracic Society
Session 1: Immunology **Chair: Dr David Miller, Respiratory Medicine Physician, Aberdeen Royal Infirmary (NHS Grampian)**	
10.00 – 10.05	**Introduction** By chair
10.05 – 10.35	**Immunotherapy in lung cancer** Dr Lijo James, Acting Consultant in Medical Oncology, Beatson West Of Scotland Cancer Centre, Glasgow
10.35 – 11.05	**Immunology overview with clinical application** Professor Malcolm Shepherd, Honorary Consultant Respiratory and Adult Allergy Physician, University of Glasgow & Greater Glasgow and Clyde
11.05 - 11.35	**Biologics in COPD** Dr Rory Chan, Consultant Respiratory Physician, NHS Tayside
11.35 – 11.55	**Tea and coffee break and exhibition**
Session 2: Interactive session **Chair: Dr Lewis Bain, Clinical Research Fellow and Respiratory Registrar, University of Edinburgh**	
11.55 – 12.25	**OOPR Opportunities** - Clinical Research - Dr William Henderson, Pulmonary Vascular Fellow, Scottish Pulmonary Vascular Unit, Glasgow **OOP lab based researc**h - Dr Emma Johnson, Respiratory Registrar, NHS Greater Glasgow and Clyde **Combining Medical Education Opportunities with Respiratory Medicine** - Dr Elisabeth McCully, ST7 Respiratory Medicine, NHS Ayrshire and Arran **Experience during out of program** Dr Victoria Sobolewska, ST7 in Respiratory and General Internal Medicine, Western General Hospital, NHS Lothian **Q & A**
Session 3: Lightning talks **Chair: Dr Melanie Brewis, Respiratory Physician, Glasgow**	
12.25 – 12:30	**Pulmonary Embolism Management in Scotland: The State of Play in 2026** Presented by: Dr William Henderson, Pulmonary Vascular Fellow, Scottish Pulmonary Vascular Unit, Golden Jubilee National Hospital, Clydebank *Authors:* William Henderson, Melanie Brewis, Colin Church
12.30 – 12.35	**Assessing the effect of initiating pulmonary vasodilators in group 3 pulmonary hypertension without right heart catheterisation – a retrospective study.** Presented by: Dr Brian Doherty, Pulmonary Vascular Fellow, Scottish Pulmonary Vascular Unit, Golden Jubilee National Hospital, Clydebank *Authors:* Brian C Doherty, Martin Johnson, Melanie Brewis, Colin Church
12.35 – 12.40	**Chitotriosidase in Sarcoidosis: Is It Time to Move Beyond Serum ACE?** Presented by: Dr Arianne Whiteside, FY2 Doctor, NHS Greater Glasgow and Clyde

	Authors: Arianne Whiteside, David Anderson, Alice Horne, Alana Burns, Lily Pearce, Jane McNeilly, Angela Wright
12.40 – 12.45	**Usefulness of Myositis Screening in an NHS Tayside ILD Clinic** Presented by: Dr Angus Sinclair, ST4 Respiratory Department, NHS Highland, Raigmore Hospital, Inverness *Authors:* Angus Sinclair (ST4), Christopher Sevier-Guy (Clinical Scientist), Elizabeth Furrie (Consultant Clinical Scientist) Mark Spears (Consultant, Respiratory Medicine)
12.45 – 12.50	**Coronary artery calcification on CTPA as a prognostic factor in pulmonary embolism: a systematic review** Presented by: Miss Suhani Varshney, Medical student, UCL Division of Medicine, Greenwich and Lewisham NHS trust *Authors:* Hitesh Muthyala, Suhani Varshney, Oscar Chen, Jatin Naidu
12.50 – 12.55	**Beyond Mass Switching: Lessons from the First Biosimilar Opportunity in Severe Asthma Biologics through a Specialist Pharmacist-Led Omalizumab Review Pathway** Presented by: Miss Siobhan Dobie, Specialist Respiratory Pharmacist, NHS Lanarkshire, University Hospital Wishaw *Authors:* Siobhan Dobie, Professor Andrew Smith, Dr Varun Sharma, Graeme Bryson
12.55– 13.00	**Effect of Ambulatory Oxygen on Exercise Desaturation in Idiopathic Pulmonary Arterial Hypertension: A Pilot Study** Presented by: Mr David Harley, Medical Student, University of Glasgow *Authors:* David Harley, Emily Harley, Fiona Thompson, Martin Johnson, Melanie Brewis, Colin Church
13.00 - 14.15	**Lunch and exhibition**
Session 4: Research talks **Chair: Dr Pallavi Bedi, Consultant in Respiratory Medicine, NHS Lanarkshire & President, Scottish Thoracic Society**	
14.15 – 14.30	**The Glasgow Hub Lung Volume Reduction (LVR) Service: Identification of hyperinflation post-pulmonary rehabilitation via spirometry (GRiPPR) study** Presented by: Dr Kathryn Scott, IMT3, NHS Ayrshire and Arran *Authors:* Dr Kathryn Scott, IMT3, Dr Callam Scott, IMT3, Kirsty Murray, Lead for GGC Pulmonary Rehabilitation Service, Fiona Galbraith, Lead for GGC Pulmonary Rehabilitation Service, Fergus Wilkie, Lead Physiologist, Glasgow Royal Infirmary, Dr David Anderson, Respiratory Consultant, QEUH, Mr Rocco Bilancia, Cardiothoracic Surgeon, Golden Jubilee Hospital
14.30 – 14.45	**Audit of outcomes following lung volume reduction procedures in Scotland: clinical, physiological and radiological benefits** Dr Annie Brunskill, Internal Medicine Trainee Year 2, NHS Greater Glasgow and Clyde, Queen Elizabeth University Hospital, Glasgow *Authors:* Annie Brunskill, Lily Miller, David Anderson, Nikos Kostoulas, Rocco Bilancia, Alan Kirk, Hannah Bayes
14.45 – 15.00	**Standardising the management of major haemoptysis: A clinical audit and development of a local management guideline.** Presented by: Dr Alexandra Marks, Junior Clinical Fellow, Royal Berkshire Hospital, Reading *Authors:* Dr Alexandra Marks, Dr Shivani Setur Kanabar, Dr Kirsten Sellick, Dr Sunit Raja

15.00 – 15.15	**Bridging ENT and Respiratory services in Chronic rhinosinusitis with nasal polyps: identifying severe asthma and potential biologic eligibility from a surgical waiting list.** Presented by: Dr Abdul Rehman Khan, Speciality Trainee, Royal Stoke University Hospital, Penkull *Authors:* Mr. Azhar Farooq, Senior Clinical Fellow, ENT. Dr. Ibrahim Javed, Respiratory Consultant. Dr. Elfatih Idris, Respiratory Consultant. Dr. Imran Hussain, Respiratory Consultant. Dr. Aariz Ansari, IMT-1. Mr. Usama Kamel, ENT Consultant.
15.15 – 15.30	**Balloon Pulmonary Angioplasty (BPA) for Scottish Chronic Thromboembolic Pulmonary Hypertension (CTEPH) patients: 400 miles from the ideal service?** Presented by: Dr Sam Gurling, FY2, NHS Greater Glasgow and Clyde, Glasgow Royal Infirmary *Authors:* Sam Gurling, Colin Church, Martin Johnson
15.30 – 15.45	**Tea and coffee break and exhibition (Panel deliberates)**
15.45 – 16.00	**Announcement of winner and close** Dr Pallavi Bedi, Consultant in Respiratory Medicine, NHS Lanarkshire & President, Scottish Thoracic Society